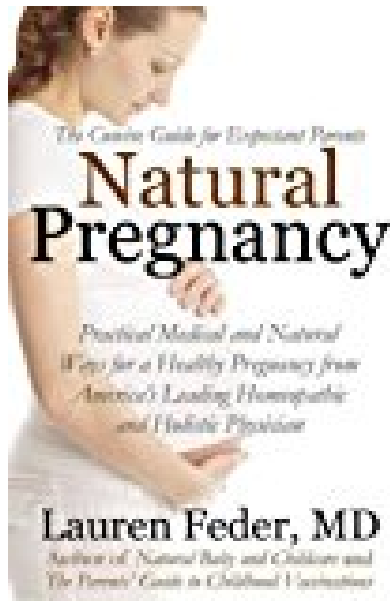


Natural Pregnancy Practical Medical Advice and Holistic Wisdom for a Healthy Pregnancy and Childbirth



BOOK DETAILS

- Author : Lauren Feder
- Pages : 224 Pages
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BOOK SYNOPSIS

THE COMPLETE GUIDE TO A HEALTHY, NATURAL PREGNANCY Pregnancy and childbirth can be one of the most exciting times in a couple's life. With Natural Pregnancy, you can make informed, educated decisions about your pregnancy to ensure your baby is born happy and healthy—naturally. Natural Pregnancy is the perfect resource for expectant parents; whether you choose to opt for an all-natural birth, or are looking to combine conventional treatments with homeopathy and holistic medicine, Natural Pregnancy is the all-in-one reference to keep your pregnancy simple and safe. Natural Pregnancy answers your questions and offers advice on common topics, including: * Prenatal tests and procedures, including ultrasound and amniocentesis * Vaccinations during pregnancy * Homeopathic medicine for common pregnancy conditions and easier childbirth * Midwives and doulas * Home birth * Homeopathy for healing after amniocentesis, perineal tears, and cesarean section ...and much more! As medical techniques continue to advance, natural births are now safer than ever. For any parent looking to approach pregnancy and childbirth in a more holistic and natural way, Natural Pregnancy is your authoritative and reliable resource each step of the way.

NATURAL PREGNANCY PRACTICAL MEDICAL ADVICE AND HOLISTIC WISDOM FOR A HEALTHY PREGNANCY AND CHILDBIRTH

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