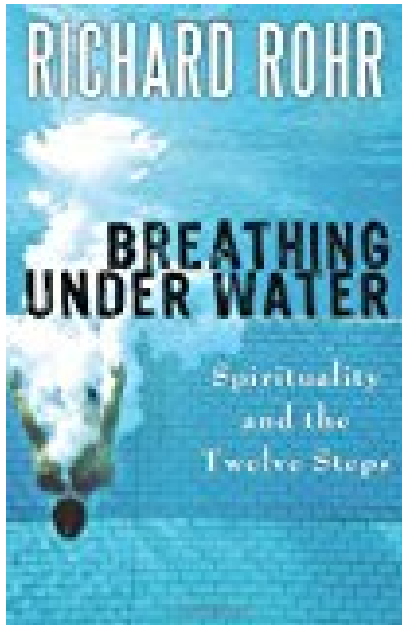


# Breathing Under Water Spirituality and the Twelve Steps

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## BOOK DETAILS

- Author : Richard Rohr O.F.M.
- Pages : 147 Pages
- Publisher : Franciscan Media
- Language : English
- ISBN : 1616361573

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## BOOK SYNOPSIS

The Twelve Steps of Alcoholics Anonymous is Americas most significant and authentic contribution to the history of spirituality, says Richard Rohr. He makes a case that the Twelve Steps relate well to Christian teaching and can rescue people who are drowning in addiction and may not even realize it. To survive the tidal wave of compulsive behavior and addiction, Christians must learn to breathe under water and discover Gods love and compassion. In this exploration of Twelve Step spirituality, Rohr identifies the Christian principles in the Twelve Steps, connecting The Big Book of Alcoholics Anonymous with the gospel. He draws on talks he has given for over twenty years to people in recovery and those who counsel and live with people with addictive behavior. Rohr offers encouragement for becoming interiorly alive and inspiration for making ones life manageable for dealing with the codependence and dysfunction (sin) rampant in our society.

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